

## **INSTRUCTIONS:**

Complete Section A independently. If you have a different answer than what is listed, write your own response. After completion of Section A, sit down with your roommate to discuss your responses and then complete the roommate contract, Section B.

## **Y R**

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Your room is a place to sleep and study, and a whole lot more. It is a place for you to live and experience university as fully as you can. Your room could be the gathering place for your floor, it could be the haven for intellectual thought, or it could be simply a place of relax. The quality of life that you choose to have in your room will depend on you, your roommate, and your relationship with each other.

**REMEMBER, IT IS THE SMALL THINGS THAT ADD UP TO ROOMMATE PROBLEMS. OPEN COMMUNICATION IS THE KEY TO ROOMMATE SUCCESS**

**1. I prefer to go to bed:**

- a. Around 10:00 pm
- b. Around midnight
- c. Around 2:00 am
- d.

**2. I prefer to wake up:**

- a. Around 6:00 am
- b. Around 8:00 am
- c. Around 10:00 am
- d.

**3. I sleep best when the room is:**

- a. Completely dark
- b. Cool
- c. Warm
- d. It doesn't matter-nothing really bothers me when I am sleeping
- e.

**4. I prefer to study:**

- a. During the morning
- b. During the afternoon
- c. During the evening
- d. Late at night
- e.

**5. When I study I like:**

- a. Complete silence
- b. The stereo/TV on
- c. To be with others
- d. To be alone
- e. To be outside of the room
- f.

**6. Regarding personal property (computer, clothes, TV, fridge, money, food, etc.), I would prefer:**

- a. To share or borrow with my roommate
- b. To allow my roommate to use certain things without my permission
- c. To allow my roommate to use my things only if she/he asks for permission first
- d. Not to share or borrow anything

**7. I prefer the room to be:**

- a. Always orderly and clean
- b. Sometimes orderly and clean
- c. Never orderly and clean
- d.

**8. When cleaning the room, I feel that:**

- a. My roommate and I should take turns cleaning the entire room
- b. My roommate and I should clean our own sides whenever we see it to do so
- c. My roommate and I should clean the room together
- d.

**9. I would prefer that there are not visitors in our room:**

- a. After 8:00 pm
- b. After 10:00 pm
- c. It depends, we should talk about it on an individual basis
- d. It depends if they are roommates or visitors from outside the building or another room
- e. It depends if they are of the opposite sex
- f.

**10. For safety and security reasons, I would prefer that the room:**

- a. Always be locked
- b. Be locked only when we are not in the room or sleeping
- c. Be locked only when I am not on the room
- d. Be locked only when we go to bed or are asleep
- e.

# S c A

**11. If someone should come to the room and ask to use something of mine, I would prefer my roommate:**

- a. Lend it to the person
- b. Never lend out anything of mine
- c. Loan it to the person only if I have previously stated that it is okay to do so
- d.

**12. How regularly should I and my roommate(s) have guests?**

- a. Never
- b. Weekly
- c. Multiple days per week
- d.

**13. Maximum number of guests we can have in our room at a time?**

**14. I believe guests or visitors:**

- a. Should never be left alone in the room
- b. Can be left alone in the room for a short period of time
- c. Should be able to stay in the room without my roommate or myself present
- d.

**15. I would like to have private time alone in the room**

- a. A few hours a day
- b. A few hours each week

**16. If I were going to be gone for a long period of time, I would:**

- a. Let my roommate know I would return
- b. Wait to see if it is a big deal or not
- c. Prefer to not worry about letting my roommate know

**17. If my roommate is angry with me. I would want her/him to:**

- a. Tell me right away and talk about it with me
- b. Wait to see if it's really a big deal or not
- c. Not be so sensitive and demanding

**18. When I am upset, I need:**

- a. To talk things out
- b. Space and time to deal with it on my own
- c. To blow off steam, then I am okay
- d.

**19. When it comes to trust:**

- a. I tend to trust until someone proves they are untrustworthy
- b. I don't trust very easily
- c. Someone has to work hard to earn my trust
- d.

**20. When I do poorly on an exam or task, I generally like to:**

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**21. I feel I have a really good friend when:**

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**22. The type of relationship I am looking for from my roommate is:**

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# R a S c B A C

You and your roommate are individuals with particular interests, goals, likes, and dislikes. You may not find it necessary to share every aspect of university life with your roommate. Learning to accept each other's differences without infringing upon one another's freedom is a valuable part of your total education. Learning how to be part of a community is an essential life skill.

If conflicts arise, speak with your roommate first. Talk the problem through before it becomes a major issue. Communication is the key before, during, and after conflicts or situations come up. If this step is not successful, then contact your Resident Life Manager (RLM). Your RLM's is experienced in dealing with problems that arise and should be able to assist you in conflict resolution.

Remember that you owe your roommate the courtesy of speaking to them first before seeking help from the Residence Life Staff. Spending the time now to thoroughly discuss these and other issues will prevent problems from occurring throughout the year.

This is a tool for you and your roommate to use throughout the year. Feel free to attach additional sheets and add other rights, responsibilities, and agreements as necessary. Contact your RLM with questions.

ROOMMATES: \_\_\_\_\_

BUILDING: \_\_\_\_\_

ROOM: \_\_\_\_\_

PHONE: \_\_\_\_\_

## **T**

### **1. The right to study free from undue interference (noise, music, guests, etc.)**

a. The following times will be reserved for quiet study: (list times)

### **2. The right to sleep without undue disturbance from noise, guests, roommate(s), etc.**

a. Conditions should be appropriate for sleep during the following times (list times)

### **3. The right to expect that roommates will respect each other's personal belongings (ex: hair straightener, video games):**

a. The following items may not be borrowed/used:

b. The following items may be borrowed/used after asking the roommate first:

c. The following items may be borrowed/used without needing to ask first:

d. The following cost will be shared and how (cleaning supplies, food, etc.):

### **4. The right to a clean environment in which to live:**

a. The room will be cleaned (times, days):

b. Room cleaning responsibilities are as follows:

5. The right to free access to one's room and facilities without pressure from roommates.

6. The right to personal privacy

7. The right to host guests based on agreed upon times. Guests are to respect the right of the host's roommate(s)

Ultimately, each roommate needs to be a responsible individual who is respectful of the rights and preferences of those around them. A little courtesy goes a long way-expect to both give and receive it. Community living, especially in one you may not have chosen, is an essential life skill.

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